

NEW! 6 WEEK PROGRAMS FOR EVERYONE!

SEE WHAT FIVE POINTS WASHINGTON HAS TO OFFER:
**SENIOR CIRCUIT, SOLID ABS, WOMEN ON WEIGHTS, BULK
UP & A "LAST CHANCE WORKOUT"**

- 6 WEEKS
- MEET TWICE/WEEK FOR 30 MIN EACH
 - INSTRUCTION
 - GUIDANCE
 - GROUP TRAINING
 - A GREAT WORKOUT
- ALL FOR ONLY \$90-MEMBERS, \$100-NON-MEMBERS
 - DESCRIPTIONS AT THE FRONT DESK
 - REGISTER BY AUG. 11TH!

**Contact Liz Werstein at 309-444-8222 or
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