

FAMILY PICKLEBALL



KIDS PROGRAMS

FIVE POINTS WASHINGTON

www.fivepointswashington.org

We love to promote healthy family time! Pickleball® is a great game that allows the whole family to be active and have fun together!

Pickleball® is a paddle sport (similar to a racquet sport) that combines elements of badminton, tennis, and table tennis. Two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a Wiffle Ball, over a net.

How to Play!

Pickleball® is played on a badminton-sized court: 20' x 44.' The ball is served diagonally (starting with the right-hand service-square), and points can only be scored by the side that serves.

Players on each side must let the ball bounce once before volleys are allowed, and there is a seven-foot no-volley zone on each side of the net, to prevent "spiking." The server continues to serve, alternating service courts, until he or she faults. The first side scoring eleven points and leading by at least two points wins. Pickleball® can be played with singles or doubles.

Racquets and balls provided.

FAMILY PICKLEBALL TIMES:

Saturdays 9:30am - 11am

Sundays 10am - 11:45am



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WASHINGTON

For more information, email
Latisha Watts, Member Services Manager
latishaw@fivepointswashington.org